

# food at the rose and crown hotel



## evening menu

- a server will come to your table for your order
- your food and beverages will be brought to you
- all major cards accepted
- gratuities are at your discretion

# starters

<b>soup of the day</b>	<b>£2.95</b>
served with warm crusty bread	
<b>smoked salmon and rocket bruschetta</b>	<b>£5.50</b>
slices of smoked salmon and rocket tossed with a lemon and parsley dressing on crispy bruschetta	
<b>prawn cocktail</b>	<b>£5.50</b>
mountain of fresh prawns on a bed of mixed leaves with chef's marie rose sauce and crusty bread	
<b>garlic mushrooms</b>	<b>£4.95</b>
mushrooms pan-fried in garlic and parsley butter served with warm crusty bread for dipping	
<b>chef's pâté</b>	<b>£4.95</b>
homemade chicken liver pâté served with chutney and warm crusty bread	
<b>brie wedges</b>	<b>£5.50</b>
crispy deep fried brie wedges served with a small salad and cranberry dip	
<b>garlic bread topped with melted cheddar</b>	<b>£3.95</b>
enough for two	

<b>mediterranean platter</b> <i>perfect for two to share</i>	<b>£11.95</b>
slices of chorizo, olives, carmarthen ham, sun dried tomatoes garlic and olive oil, tomato and basil salsa, served with warm crusty bread.	
<i>why not add a bottle of house red, white, or rosé wine</i>	<b>£19.95</b>

## salad bowls

large bowls of salad leaves, tomatoes, red onion, mixed peppers, cucumber, olives, and coleslaw served with fresh crusty bread

<b>crayfish and prawns</b>	<b>£9.75</b>
served with marie rose sauce	
<b>medley of salmon</b>	<b>£9.50</b>
warm flakes of poached salmon and slices of smoked salmon, served with a lemon and parsley dressing	
<b>carmarthen ham and welsh cheese</b>	<b>£9.95</b>
served with whole grain french dressing	
<b>trio of cheeses</b>	<b>£8.95</b>
chunks of stilton, brie, and caerphilly	
<b>chicken and chorizo sausage</b>	<b>£8.95</b>
slices of warm griddled chicken with chorizo sausage	

## pasta

*why not try some garlic bread, or a house salad on the side?*

<b>traditional beef lasagne</b>	<b>£8.50</b>
layers of prime minced beef cooked in our own rich tomato sauce between lasagne verdi pasta topped with a creamy béchamel sauce	
<b>spaghetti carbonara</b>	<b>£7.75</b>
spaghetti mixed with bacon and cheese tossed in a rich egg and cream sauce	
<b>meatballs with tomato sauce and spaghetti</b>	<b>£8.50</b>
classic pork and beef meatballs cooked in a rich tomato, garlic, and basil sauce served with spaghetti	
<b>penne ratatouille</b>	<b>£6.95</b>
mediterranean vegetables in a tomato sauce with a hint of chilli served with penne pasta	
<b>wild mushroom lasagne</b>	<b>£8.95</b>
a selection of wild mushrooms in a creamy white wine and garlic sauce between layers of lasagne verdi pasta	
<b>spaghetti bolognese</b>	<b>£6.95</b>
classic minced beef in a delicious tomato and garlic sauce served with spaghetti and grated parmesan	

# fish

<b>fillet of plaice with a spicy red pepper sauce</b>	<b>£10.95</b>
poached fillet of plaice drizzled with a delicious slightly spicy sweet red pepper sauce	
<b>fillet of cod and king prawn rollmops</b>	<b>£11.95</b>
poached fillet of cod wrapped around king prawns with a lemon and parsley sauce	
<b>traditional pub fish 'n chips</b>	<b>£8.50</b>
large fillet of cod in chef's own crispy light beer batter, served with either minted mushy peas or garden peas and tartare sauce	
<b>chef's breaded fillet of plaice</b>	<b>£8.50</b>
freshly crumbed fillet of plaice served with garden peas and tartare sauce	
<b>poached fillet of salmon</b>	<b>£9.95</b>
served with hollandaise or lemon and parsley sauce and garden peas	
<b>homemade fish pie</b>	<b>£8.50</b>
fresh cod, haddock, salmon, and smoked haddock in a creamy leek sauce topped with mashed potato and garden peas	
all the above are served with a choice of either chips, jacket, boiled, sautéed, garlic, or mashed potato	

## meats and poultry

<b>THE TITANIC</b>	<b>£18.95</b>
<b>Carmarthen's world famous ultimate mixed grill. Free Rose and Crown Titanic T shirt &amp; certificate if you sink it!</b>	
<b>rump steak, chicken breast, gammon steak, pork steak, lamb chop, pork sausage, 6oz beefburger, lamb's liver, lamb's kidney, chef's own battered onion rings, mushrooms, free range fried egg, tomato, and peas</b>	
<b>minted lamb cutlets</b>	<b>£10.95</b>
four tender lamb cutlets served with mint gravy	
<b>pork loin steaks</b>	<b>£9.95</b>
two pork loin steaks served with a choice of either honey and ginger sauce or garlic mushroom sauce	
<b>chicken breast</b>	<b>£10.50</b>
served with a creamy leek and stilton sauce or a garlic and mushroom sauce	
<b>8 oz prime sirloin steak</b>	<b>£11.50</b>
served with chef's own battered onion rings mushrooms, tomatoes, and garden peas	
<b>10 oz prime rump steak</b>	<b>£12.95</b>
served with chef's own battered onion rings mushrooms, tomatoes, and garden peas	
<b>10 oz gammon steak</b>	<b>£9.95</b>
served with garden peas, free range fried egg and a slice of pineapple	
<b>barbecue chicken bacon and cheese melt</b>	<b>£9.95</b>
butterfly chicken breast with tangy barbecue sauce topped with smoked bacon and melted local cheese	
<b>gourmet taffy burger</b>	<b>£8.95</b>
6oz 100% prime beef burger topped with bacon and melted welsh cheese, served with chef's own battered onion rings	
<b>ham 'n eggs</b>	<b>£7.50</b>
thick slices of ham with two free range fried eggs	
<b>chef's own chicken curry</b>	<b>£8.50</b>
tender pieces of chicken breast in chef's own delicious curry sauce, cooked as you like it- mild, medium, or hot, - served with naan bread, popadoms, mango chutney and minted yoghurt	
<b>chef's own vegetable curry</b>	<b>£7.95</b>
selection of fresh vegetables in chef's own delicious curry sauce, cooked as you like it - mild, medium, or hot -served with naan bread, popadoms, mango chutney and minted yoghurt	
all the above are served with a choice of either chips, jacket, boiled, sautéed, garlic, or mashed potato	

## side orders

<b>pepper sauce</b>	<b>£2.95</b>	<b>garlic mushroom sauce</b>	<b>£2.95</b>
<b>leek and stilton sauce</b>	<b>£2.95</b>	<b>honey and ginger sauce</b>	<b>£2.95</b>
<b>homemade chips</b>	<b>£2.50</b>	<b>jacket potato</b>	<b>£2.50</b>
<b>pan fried mushrooms</b>	<b>£2.50</b>	<b>garlic bread</b>	<b>£2.50</b>
<b>house side salad</b>	<b>£3.25</b>	<b>chef's battered onion rings</b>	<b>£2.25</b>
<b>free range fried egg</b>	<b>£0.75</b>	<b>coleslaw</b>	<b>£1.95</b>

# puddings

please ask for details of today's special desserts

## chocolate fondue platter

£5.95

warm chocolate fondue, with strawberries, bananas, marshmallows, and welsh fudge for dipping

*ideal for two to share*

## fruit crumble

£3.75

seasonal fruit with a sweet crumble topping, served hot or cold with fresh cream, ice cream, or custard

## chef's cheesecake

£3.95

homemade cheesecake of the day, served with fresh cream or dairy ice cream, please ask for today's choice

## ice cream sundae

£3.95

three scoops of mario's local dairy ice cream, topped with chocolate fudge sauce & finished with chopped nuts

# liqueur coffees

*why not finish off with one of our special liqueur coffees?*

## welsh coffee

£3.95

penderyn whiskey

## o'reilly's coffee

£3.95

baileys

## balmoral coffee

£3.95

scotch whiskey

## irish coffee

£3.95

irish whiskey

## calypso coffee

£3.95

tia maria

## french coffee

£3.95

cointreau

# hot beverages

## coffees

	regular	large
espresso	£1.50	£1.95
cappuccino	£1.75	£1.95
latte	£1.95	£2.45
americano	£1.50	£1.95

## chocolates

	regular	large
hot chocolate	£1.95	£2.45
luxury hot chocolate	£2.25	£2.75
mocha	£1.95	£2.45
mochaccino	£1.75	£1.95

## teas

tea	£1.50	herbal tea	£ 1.40	earl grey tea	£ 1.50
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# children's meals

all the dishes below include a children's ice cream dessert

## homemade fish fingers or chicken nuggets

£4.95

served with chips and garden peas or baked beans

## homemade chicken curry

£4.95

served with rice

## sausages and mash

£4.95

pork sausages and mashed potatoes served with garden peas and gravy

## pasta

£4.95

children's portions available from the pasta selection

# sunday lunch

served 12 noon to 4 pm

join us on sunday for a delicious traditional roast

choose from our range of three roasts, vegetarian or fish dishes, and our selection of seasonal vegetables

all prices include vat, most major credit cards accepted with a minimum £10 spend

weights are approximate prior to cooking, fish dishes may contain bones, all dishes may contain traces of nuts and seeds

[www.roseandcrowncarmarthen.co.uk](http://www.roseandcrowncarmarthen.co.uk)

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